

TERM 2 2026

WHAT'S ON AT COOLUM HEARTS REGISTRATIONS NOW OPEN



For more information CONTACT us on 0478 646 330; email volunteer.coolumhearts@gmail.com or visit our website: coolumhearts.com.au

Monday

ART

9.30am - 11.30am
Coolum Hearts Community Shed
Great for beginners!
Paint and brushes provided.
BYO canvas
or purchase from \$10
20th April to 22nd June
\$10 members \$20 Non Members
\$80 per term (members only)

I'M STILL STANDING CHOIR

10.30am - 12 noon
Coolum Uniting Church Hall
Love singing?
This is a fun session for you.
No experience required.
20th April to 22nd June
\$50 per term (members)
\$10 per week Non Members

MEMBERSHIP

Individual Membership
\$45 per year per
person
Agency Membership
\$100 per Agency

Tuesday

NEW TEMPO TROUPE NEW VENUE

701 David Low Way, MUDJIMBA.
10.30 am - 1.30 pm
30 minute lunch break
North Shore Community Centre
Music, Song, Movement.
Co-facilitated by Mark and Diane
each session is designed to lift
energy, confidence and spirits.
Beginning with gentle exercise, then
moving into music and song with
Mark providing the magic with his
guitar skills. For those who feel
ready, they have the opportunity
to take the mic and sing solo.
Restarting 14th April
Come along and share the joy.
For more information please
Contact 0478 646 330

REGISTRATIONS

Please register for your
favourite group & pay
online
coolumhearts.com.au

Wednesday

MEDITATION

10.00am - 11.00am in the
Coolum Hearts Community Shed.
Wednesday and Sunday
Mindfulness Meditation.
Come home to yourself.
Any level of experience welcome.
With qualified facilitator Carl.
\$5 per session

UKULELE

11.30am - 2.30pm
Coolum Hearts Community Shed
All levels welcome!
Beginners
11.30 - 12.45pm
Advanced
1.00 - 2.30pm
Taking your skills
to the next level
22nd April to 24th June
\$10 members \$20 Non Members
\$90 per term (members only)

MENS RESILIENCE

Peer support group for men.
Fortnightly coffee meeting
for confidential and safe
discussion.
For time and place.
Contact John on 0417 721
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Attendance is free.

Thursday

MOSAICS

NEW TIME
9.30am - 12.30pm
Coolum Hearts Community Shed
Try a different approach
with Rosie.

All tiles, glue, grout provided.
Buy shapes and boards
from \$5

23rd April to 25th June

\$10 Members \$20 Non
Members
\$90 per term
(members only)

AGENCIES

and private carers
if attending with a
participant, please
also register advising
name agency and
contact number.

Friday

YOGA

10.30 - 11.30 am
Coolum Hearts Community
Shed
24th April to 26th June
\$10 members \$20 Non-
Members
\$80 per term (members only)

HEARTBEATS DJEMBE DRUMMING

10.30am - 12 Noon
Coolum Uniting Church Hall
Come along and experience the
vibration of Djembe
with Levi.
24th April to 26th June
\$50 Per Term (members)
\$10 per week Non Members

PUBLIC HOLIDAYS

Monday
4th May